

VNSNY CHOICE SelectHealth Handbook Update

Effective July 1, 2018

Harm Reduction Services

If you are in need of help related to substance use disorder, Harm Reduction Services can offer a complete patient-oriented approach to your health and well-being. VNSNY CHOICE SelectHealth covers services that may help reduce substance use and other related harms. These services include:

- A plan of care developed by a person experienced in working with substance users.
- Individual supportive counseling that assists in achieving your goals.
- Group supportive counseling in a safe space to talk with others about issues that affect your health and well-being.
- Counseling to help you with taking your prescribed medication and continuing treatment.
- Support groups to help you better understand substance use and identify coping techniques and skills that will work for you.

To learn more about these services, call Member Services at 1-866-469-7774, Monday – Friday, 8 am – 6 pm. TTY users, please call 711.

This notice is also available in other formats for members with special needs or members who speak languages other than English. Please call the phone number listed above for help.