



CHOICE
Health Plans



Join Us!

caringkind

The Heart of Alzheimer's Caregiving

Is it normal forgetting or dementia? Dementia is a general term used to cover the loss of memory and behavioral abilities that interferes with everyday activities. It is not part of normal aging.

Presented by CaringKind, learn to recognize the early warning signs of dementia, treatments, and services available for caregivers.

Join using a PC, Mac, iPad, iPhone or Android device.

TOPIC: *Understanding Dementia*

HOST: *Paula Rice Manager,
African American Outreach*

DATE: *Wednesday, December 2*

TIME: *10 am – 11 am*

HOW TO PARTICIPATE: *Click [HERE](#) to join the workshop via Zoom or see instructions on left to access the workshop*

Join with Zoom!

- 1) Go to www.Zoom.com
- 2) Click on **“Join a Meeting”**
- 3) Enter the following:
Meeting ID: 772 662 3351

OR download the Zoom app:

- 1) Open the App Store or Google Play Store
- 2) Search for and download the Zoom app
- 3) Click **“Open”** and **“Join a Meeting”**
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OR join via phone:

- Dial in (US) +1 646-558-8656
Meeting ID: 772 662 3351

For questions, please call
9 am - 5 pm, Monday - Friday

Manhattan/Queens:

Ashley Carrillo, 917-886-5660

Bronx/Westchester:

Christy Harvey, 347-443-6723

Queens/Long Island:

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