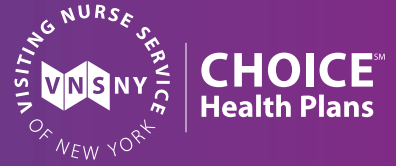












Earn rewards for taking care of your health.



As a member of a VNSNY CHOICE Medicare plan, you are automatically enrolled in Healthy CHOICE Healthy You, a program where you can earn rewards for completing health activities. See the chart below for a list of qualifying health activities:

	Health Activity	Value	Amount
	Annual Wellness Visit	\$25	Once per year
	Flu Shot	\$25	Once per year
	COVID-19 Vaccine (including booster shots)	\$25	Once per year
	Health Information Exchange Consent Form	\$10	One time only
	Mammogram	\$25	Once per year
	Colon Cancer Screening	\$25	Once per year
	Statin Treatment for Cardiovascular Disease	\$25	Once per year
	Hemoglobin A1c for Diabetes Reward will be based on the final reading of the year.	\$25	Once per year
	Retinal Eye Exam for Diabetes	\$25	Once per year
	Blood Pressure Reading for Hypertension Reward will be based on the final reading of the year.	\$25	Once per year

See more information on the back.

You must be an active member of the plan to receive rewards. To be rewarded, activities must be completed within the calendar year (January 1, 2022 – December 31, 2022). All services must be medically necessary to earn rewards. The gift card cannot be used to purchase alcohol or tobacco or firearms and cannot be converted to cash.

How will I get my rewards?

We'll track your progress using claims your doctor submits to verify that you completed the health activity. The first time you complete an eligible activity, we'll send you a reloadable MasterCard gift card as a reward. Hold onto it! Up to three times a year, we will reload the card with the reward dollar amounts you earn for completing more health activities. Below is a schedule of when rewards will be issued in 2022.

Period of time to complete eligible activities	When eligible rewards will be issued
January 1, 2022 – March 31, 2022	June 2022
April 1, 2022 – June 30, 2022	September 2022
July 1, 2022 – September 30, 2022	December 2022
October 1, 2022 – December 31, 2022	March 2023

What's next?

Going to the doctor and taking your medications can help you stay healthy. Here are some tips to help you make the most of your visit:

- Schedule your Annual Wellness Visit.
- Write your questions down at home, before your appointment.
- Make a list of medications and check to see if you need any refills.
- Ask your doctor what screenings you are eligible for, so you can start earning rewards!
- Before you leave your doctor's office, make sure you schedule your next visit.

CHOICE Care Team

Call 1-866-783-1444 (TTY: 711)

8 am – 8 pm, 7 days a week

